



# Parent Information Sheet

## WELCOME TO THE NEW SEASON

The Committee of Carlingford Baseball Club welcomes you to the summer season. For those who are new to the club we extend a special welcome, and for those who are old hands, welcome back for another season! We hope that your child enjoys the experience of playing t-ball or baseball and that as parents you also share the enjoyment of participating in your child's sport and meeting other families.

This is the time of the season where we coordinate our teams and get the paperwork out of the way. Please take time to read through this handout as it contains important information. We have also aimed to answer some of the questions most frequently asked by those who are newcomers to the club and the sport.

We wish all club members a good season and encourage you to get back to us with any questions,

## Season Start Dates & Information

### U/9s & U/10s (T-Ball and Mod Ball), U/12s, U/14s & U/17s (Live Ball)

- Games start Saturdays in September
- These competitions are graded.
- Players who have not trialed will be placed in teams at the club's discretion.
- Players will be advised of grading results as soon as possible.

### U/8's T-BALL COMPETITION

- Games start Saturdays in October, (TBC)

### U/8 AUSSIE T-BALL 'IN-HOUSE' PROGRAM

- Sessions will commence Early Sept (Date TBA)
- Pre daylight savings, sessions will be held Sat morning/Friday evening (TBA)
- Post daylight savings, sessions will be held Friday Evening

Teams should be finalised by the end of August. If you have not been contacted by your team coach by this time, please contact ( **Juniors Vice President** ) on 0412 654 182



### ESSENTIAL (for all age groups, except Aussie T-Ball)

- Carlingford Baseball Club Uniform (supplied)
- Club cap and socks (purchase from the club)
- A well fitting baseball mitt (from sports stores)
- Protective cup (hector/protector) for all male players

## What Gear Do I Need?

### RECOMMENDED

- Sunscreen for games and training sessions
- Water bottle



As well as the uniform, the club provides all bases and field equipment necessary to play. The kits contain bats, balls, helmets to be worn by batters and protective gear for catchers.

Players may use their own gear (such as bats or catcher's gear) but are advised to check with the equipment officer to ensure that it is appropriate for their age and competition level.

# Frequently Asked Questions for new club members

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**Q: When will I know what team my child is in?**

**A:** You will be contacted before the end of August by your team's coach.

**Q: At what times are the games played?**

**A:** Games are played on Saturdays at either 8.30am or 10.30am depending on the draw. Games usually go for approximately 1.5 hours depending on the age group. In some age groups (usually U10s, U12s, U14s & U17s), there may be an occasional mid-week or twilight game scheduled.

**Q: Are all the games played locally?**

**A:** Carlingford teams play against other clubs in the Hills Baseball Association and your draw may include teams from clubs as close by as Baulkham Hills or as far away as Hawkesbury. Usually the draw is structured so that on alternate weeks, each Carlingford team plays at our home ground Murray Farm Reserve. A full list of grounds is published on the next page.

**Q: When will the team train?**

**A:** The training times are organised by your coach, usually after consultation with his/her players' parents to find a time most suitable for everyone. Training times are also dependent upon the availability of the ground at the requested time.

**Q: What happens when it's been raining – do we still have to play?**

**A:** If it has been raining, your manager should ring to tell you if the game has been cancelled or if the local council has closed the ground. Sometimes, clubs may not know if their grounds are safe to play on until the morning of the game and so if you do not hear from your manager, you must turn up ready to play otherwise your team may forfeit the game. Washed out games are usually replayed at a later date and time as organised between the two teams involved.

**Q: How involved do I have to be as a parent?**

**A:** You can be as involved as you choose to be but you must appreciate that the club is run by volunteers who give up their time to make sure your child enjoys their baseball. Unlike some sports, baseball requires a number of parents to participate so that a team can run effectively. This means that each team is asked to do canteen duty at least once a season, and you may be asked to act as a base coach during a game or even be asked to coach, manage or score for your team. The club provides support if you are willing to take on one of these vital roles. Experience has shown that parental participation can enhance the enjoyment of the sport for your children.

**Q: When will a draw be available?**

**A:** An interim draw is usually published just before the season starts and the final draw will be available several weeks later.

**Q: Do we have to play during the Christmas School Holidays?**

**A:** No. The competition usually winds up the week before Christmas and does not begin again until the end of January.

**Q: How does the Club communicate with members?**

**A:** During the playing season, the club publishes the weekly "Carlo Columns" newsletter. This is emailed to team coaches and managers who will then forward it to their team members. The newsletter and other information such as result tables and so on is also available on the club's website – [www.carlingfordbaseball.com.au](http://www.carlingfordbaseball.com.au) Club members are encouraged to log on regularly to check out the latest news. Otherwise you are encouraged to contact a relevant committee member if you have any questions or concerns. A list of committee members is published on the next page.

**Q: Can I assist financially in terms of sponsorship or advertising?**

**A:** Sure can! In order to be able to provide the best equipment and services for your child, we welcome any financial assistance that your or your company can give. Our weekly newsletter is a widely read and we actively encourage club members to support sponsors. Contact a committee member for information on sponsorship packages. You will be pleasantly surprised how affordable it is.

**Q: Does the club embrace the Child Protection legislation?**

**A:** Absolutely! Any person involved with your child must sign a Prohibited Employment Declaration before they can coach or manage a team. Our club also assists coaches and managers to foster a safe and positive environment for every child to participate via information and coaching tips provided at coaches' and managers' meetings. Copies of our Policy Statement and Procedures are available on request or via the club website

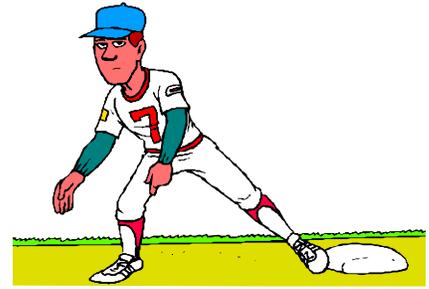
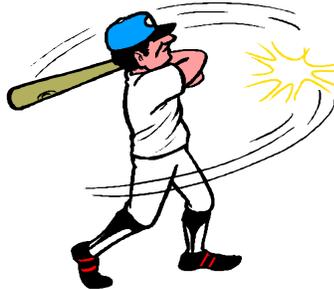
**Q: Where and when does the Club's committee meet?**

**A:** Committee meetings are held at least once a month the Carlingford Bowling, Sports & Recreation Club (cnr Pennant Hills & Evans Rd, Carlingford), and anyone is welcome to attend. Contact the Secretary for the date of the next meeting..



# List of Park Addresses

Ashley Brown	Pineleigh Road, Kings Langley
Benson's Lane Reserve	Benson's Lane, Richmond
Castle Glen	Ridgecrop Drive & Gilbert Road, Castle Hill
Centenary	Commercial Rd, Kellyville
Col Sutton Park	Baulkham Hills Road, Baulkham Hills
Colbee Park	Old Hawkesbury Road, McGraths Hill
Corbin Reserve	Pye Rd, Quakers Hill
Fred CATERSON	Off Gilbert Road, Castle Hill
George Kendall Reserve	Trumble Avenue, Ermington
Hayes Park	Galston Road, Galston
Kellyville Park	Memorial Avenue, Kellyville
Knights Field	Off Gilbert Road, Castle Hill
Muirfield High School	Barclay Road, North Rocks
Murray Farm Reserve	Murray Farm Road, Carlingford
Northmead Reserve	Elizabeth Crescent, Northmead
Schofields Park	Station Street, Schofields
Ted Horwood Reserve	Corner Renown & Park Roads, Baulkham Hills



## BEHAVIOURAL GUIDELINES

*Enjoyment of sport shouldn't be limited only to those who play the game, it should be for everyone. This includes spectators, parents, coaches, officials and umpires, volunteers and of course, players. For this reason, it's important that we preserve the rights of all participants by observing the following behavioural guidelines published by the Australian Sports Commission. This will ensure that sport will provide an enjoyable, non-threatening environment, and one which will encourage participation for years to come.*

### Players

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging of other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit and so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your sport as you would like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, teammates and opponent. Without them there would be no competition.

- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

### Parents

- Remember that children participate in sport for their own enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning and losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition. Remember that children learn best by example. Appreciate good performances and skillful plays by all participants.

- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Ensure that the time players spend with you is a positive experience. All young players are deserving of equal attention and opportunities.
- Avoid over-playing the talented players; the just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition. • Obtain appropriate qualifications and keep up to date with the latest coaching practices and principles or growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

## Coaches

- Remember that young people participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at a young player for making a mistake or not coming first.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.

## Child Protection Policy

Protecting children from abuse is a responsibility that we must all undertake. Through the implementation of strategies that assist in preventing child abuse from occurring, Carlingford Baseball Club has taken a proactive role in relation to child protection and intervention. These strategies will help foster a safe and positive environment for children and young people to participate in baseball. Carlingford Baseball Club aims to promote a safe environment for all children and to assist all officials, coaches, members and volunteers to recognise child abuse and neglect and to follow the appropriate notification procedures when reporting cases of alleged abuse.

*All committee members may be contacted via the club's email address:*

[carlingfordbaseball@hotmail.com](mailto:carlingfordbaseball@hotmail.com) or 0412 654 182

*There are a couple of vacancies on the committee – if you could be persuaded to join us and help out, please get in touch on 0412 654 182.*